



*Indulgence*  
Salon & Spa

*Treatment Menu*

# ❧ Welcome! ❧

I would like to welcome you to Indulgence salon and spa! Whether it's a day of pampering or your regular beauty maintenance, Indulgence has the perfect treatment for you. Here at Indulgence we strive to give you the best treatment possible with outstanding results using only the highest quality products. All of our treatments can be customised to meet every one of your needs. Please feel free to contact the salon if you have any questions about which treatment is right for you.

We look forward to pampering you soon.

**Arrival** To ensure your treatment starts on time we ask that you arrive 10 mins before your treatment is due to commence.

**Cancellation** We kindly ask that if you need to reschedule or cancel your appointment could you please give at least 24 hours notice.

**Meet Our Skincare** Thalgo.

Thalgo treatments are renowned for their incredible results. They are world leaders and originators of the marine spa and beauty trend for over 50 years, Thalgo harnesses the riches of the sea so you can benefit from powerful healing, revitalising and rebalancing properties vital for health and well-being. Thalgo's exceptional body treatments refine, relax and tone, while the facials offer spectacular results in anti-ageing, hydrating, purifying and much more.

**Meet Our Team** Bringing over 30 years experience between us, here at Indulgence we strive to deliver exceptional customer service and outstanding treatments. We not only take the time to help you achieve your skincare goals through high performance facials but also educate you on the best homecare for yourself.



## Waxing

Eyebrow Wax.....	\$15
Lip Wax.....	\$14
Chin Wax.....	\$14
Sides of Face Wax.....	\$20
Underarm Wax.....	\$18
Bikini Wax.....	\$28
Brazilian Wax (Within 6 weeks).....	\$49
Brazilian Wax (Outside 6 weeks).....	\$57
1/2 Leg Wax.....	\$38
3/4 Leg Wax.....	\$42
Full Leg Wax.....	\$49
1/2 Arm Wax.....	\$29
Full Arm.....	\$35
Men's Chest or Back Wax.....	\$45

## Tinting

Eyebrow Tint.....	\$14
Eyelash Tint.....	\$20
Combo.....	\$28

## Tanning

Full body spray tan.....	\$35
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## Piercing

Includes piercing fee, dual piercing, ear rings, aftercare spray

Ear Piercing.....	\$40
Nose Piercing.....	\$45

## Henna Brows

Full Brow Henna and Shape.....	\$65
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## 🌀 Eyelash Enhancements 🌀

### **Classic Lashes**

Full Set.....\$99

Infills.....\$49

### **3D Volume Lashes**

Full Set.....\$125

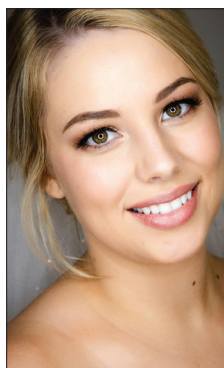
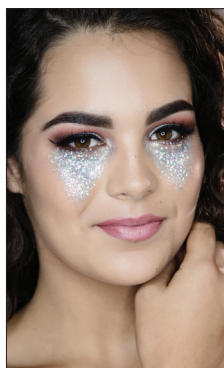
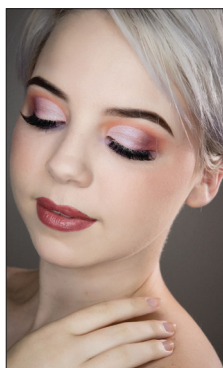
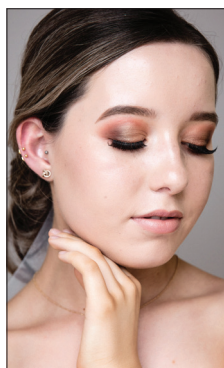
Infills.....\$74

**Lash Lift**.....\$79

## 🌀 Special Occasion Makeup 🌀

Special Occasion makeup.....\$75

False lashes.....\$10



**Wedding makeup available please contact salon for a quote**

# IPL

## *Hair Removal*

<b>Treatment Area</b>	<b>Full Price Per Treatment</b>	<b>Package Price Per Treatment (6 Treatments)</b>
Between Eyebrows	\$29	\$15
Chin	\$49	\$35
Upper Lip	\$39	\$25
Sides of Face	\$49	\$39
Front or back of Neck	\$49	\$39
Underarms	\$49	\$39
Bikini	\$69	\$59
Brazilian	\$89	\$75
1/2 Legs	\$99	\$89
3/4 Legs	\$149	\$129
Full Legs	\$169	\$149
1/2 Arms	\$89	\$79
Full Arms	\$139	\$119
<b>Packages</b>		
Full Leg & Bikini	\$199	----
Full Leg & Brazilian	\$245	----
Bikini & Underarms	\$99	----
Brazilian & Underarms	\$129	----
<b>Men's Treatments</b>		
Back	\$169	\$150
Shoulders	\$89	\$79
Chest	\$99	\$90
Chest & Stomach	\$169	\$150
Back, Chest & Stomach	\$289	\$250
Full Legs	\$179	\$160

## Facials

All facials include the use of our relaxation lounge before and after your treatment.

**Illuminating Radiance Facial** 30 min.....\$55

Reveal your skin's beauty and radiance in just 30 minutes! The facial begins with a relaxing cleanse and exfoliation to awaken the skin then the skin is treated to a mask, serum and a skin-type appropriate cream, leaving the complexion fresh & glowing.

**Heart of the Ocean Facial** 50 min .....\$85

In this personalised signature facial the skin is gently cleansed and exfoliated to achieve maximum absorption of active marine ingredients. After a relaxing facial massage not one but two highly concentrated masks are applied to deeply hydrate. At the end of your treatment the skins complexion is restored to its natural beauty.

**Marine Infusion Mask**.....\$10

**Collagen Anti-Aging Facial** 60 min .....\$95

Give your skin a collagen boost and correct the signs of ageing as they appear with this facial designed for first wrinkles, with instant anti-ageing results. Suited for skins aged 25-35. After the treatment your skin will be radiant, hydrated and its collagen reserves restored.

**Hyaluronic Anti-Aging Facial** 60 min .....\$109

Correct the signs of ageing as they appear, with this smoothing and filling facial designed for age 35+ or for more pronounced wrinkles. Hyaluronic acid leaves the face looking younger, smoother & less wrinkled while intensely hydrating.

**Silicium Anti-Aging Facial** 75 min.....\$129

Dare to defy time with this super lift facial, designed to combat all the signs of ageing at 45+ (loss of firmness, pronounced wrinkles). Visible results after just one treatment! Your complexion will glow, lines will be less noticeable, your skin firmer.

## LED Light Therapy

LED treatments are designed to target skin clearing, redness reduction, skin tone correction & signs of ageing to give you a more radiant, beautiful & younger looking skin.

The clinically proven bt-Accent LED uses three key LED colours, red, blue and combination to specifically target these common skin concerns.

**Express LED Add On** 15 min .....\$49

Add any customised LED session to any of our facials to create a more advanced targeted treatment.

## High Performance Facials

All facials include the use of our relaxation lounge before and after your treatment.

**Microdermabrasion** Mini 30 min / Full 60 min .....\$69/\$99

Renew your skin to reveal perfection! Crystal microdermabrasion intensely smooths the micro-contours of your skin for an even-toned, clear and radiant complexion, with instantly visible results by reducing the appearance of fine lines, wrinkles, acne scarring, enlarged pores & pigmentation.

**Mceutic facial peel** 60 min.....\$99

The first medically-inspired professional cosmeceutical range with patented Mésolift Marin. This facial treats all types of skin irregularities such as pigmentation, acne scarring, blemishes and uneven skin tone but will also boost cell metabolism and preserve youthful skin. The resulting complexion is clearer and brighter, with a visible reduction in surface irregularities, tighter pores and a refined skin texture.

**Micro Skin Needling** .....\$189

Micro Skin Needling is an advanced skin perfecting treatment that delivers the highest calibre collagen induction therapy to improve skin texture, smooth wrinkles and fine lines while softening scars. This unique process combines micro needling with Mesotherapy (the introduction of various vitamins and complex ingredients to the dermis).

## iBeauty Facials

**iBeauty Hydration Corrector** 60 mins .....\$129

Treat your dehydrated or tired skin to this facial! Starting with a thorough cleanse, the skin is then exfoliated using a combination of Peeling Solution, a marine cosmetic developed specifically to work in synergy with iBeauty, and sound vibration technology, leaving it perfectly clean and ready to absorb the highly effective I HYDRATE which is pushed deep into the skin using draining, infusion and stimulating manoeuvres with the ultrasound technology. The treatment concludes with an application of cream and skin is left fresh, bright and deeply hydrated from the very first session.

**iBeauty Wrinkle Corrector** 60mins.....\$129

Fighting against all types of wrinkles, deep, marked wrinkles and expression lines. This mechanical stimulating effect for precise work on wrinkles is reducing fine lines and wrinkles. Your facial journey begins with cleansing and exfoliation using Peeling Solution followed by I PLUMP to restore youth and finishes with I SMOOTH, the skin is smoother, the appearance of wrinkles is visibly reduced.

**iBeauty Anti-Ageing Activator** 60mins.....\$129

This anti-ageing facial is perfect for anyone looking to defy time and restore a rejuvenated look to their skin. Using marine cosmetics developed specifically to work in synergy with iBeauty, the skin is cleansed and exfoliated with Peeling Solution in conjunction with sound vibration technology. An application of I PLUMP together with use of radio-frequency stimulates the fibroblasts to restore their original youth functions. The complexion is smoother, lines are plumped and skin tissue is firmer.

**Add iBeauty to customize any facial** .....\$39

## ❧ *Cosmetic Injectables* ❧



Our Cosmetic Injector Alvin is a highly talented injector based out of Sydney.

Alvin has extensive experience and only uses the highest quality fillers and anti wrinkle injections.

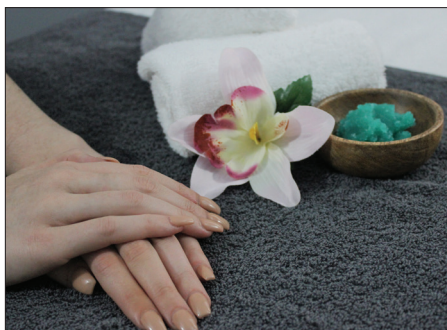
Alvin is available in salon once a month, to make an appointment please contact the salon.

To see Alvin's work check out his Instagram and facebook accounts @alvintheinjector

## ❧ *Hands & Feet* ❧

**Add Gel Polish for \$15**

<b>Express Pedicure or Manicure</b> 30 min.....	\$39
File, buff, cuticle work and polish	
<b>Indulgence Pedicure or Manicure</b> 50 min.....	\$64
Nail work, Pedi paddle, massage, exfoliation, polish	
<b>Deluxe Pedicure or Manicure</b> 75 min.....	\$75
Nail work, Pedi paddle, massage, exfoliation, polish and paraffin wax treatment.	





## Body Treatments

All body treatments include the complimentary use of our relaxation lounge before and after your treatment. All body treatments can be customised to suit couples.

**Sugar Glow Exfoliation** 60 mins.....\$99

Sugar Cane harvested from the sun drench plantations of Fiji combined with exotic tropical nut oils nourish skin with vitamins A, B, C & E to create the ultimate healthy glow. Relax and enjoy as milk from the coconut combined with macadamia and coconut oil are gently massaged into the skin followed by an application of pure cane sugar and tropical nut oils ridding the body of dead skin, revealing new healthy skin as well as strengthening the skin's elasticity and replenishing moisture loss.

**Royal Milk & Honey Ritual** 90 mins.....\$129

Fijian Honey & Coconut Milk are combined to create a Royal Fijian Ritual. This treatment is designed to hydrate, nourish, tighten and strengthen the skin. Organic Cane Sugar combined with exotic drift nut oils gently exfoliate the skin. Next, a moisturizing honey masque high in antioxidants and vitamins is applied and gently massaged into the skin. A Fijian Scalp Treatment concludes this ritual leaving your body soothed & replenished by a little bit of island milk & honey.

**Thalgo Indocéane Spa Ritual** 2 hours .....\$169

Scrub - Wrap - Bath - Moisture Infusion

Indocéane is an intoxicating spa ritual, taking you on a journey of ultimate relaxation across the continents encompassing age-old traditions and rituals of beautification. This most sensual of treatments commences with soothing Egyptian Precious Milk bath ritual to relax and calm your senses. This is followed by a skin softening Mediterranean influenced body exfoliation that prepares your skin for the Ayurvedic-inspired massage that uses warmed oils and an ancient Indian technique. The final Asian step is a Silky Smooth body wrap which harnesses the serenity and relaxing powers of the Orient. After 2 hours of hands-on therapy, you and your skin will feel intensely reinvigorated.

Add Massage For \$49

**Thalgo Polynesia Spa Ritual** 2 hours.....\$159

Scrub - Bath - Massage

Experience Polynesia, the exotic sensorial spa ritual, inspired by four of the most beautiful islands hidden in the heart of the Pacific Ocean. This luxurious treatment begins with an azure water bath inspired by the crystal blue waters of the Manihi Lagoon to protect and hydrate the skin. Next is the Exotic Island Body Scrub, a gentle vanilla-scented body scrub blended with pure white sand from Bora Bora, sea salt, coconut shell and algo-monoï for a thorough exfoliation of the entire body to leave the skin feeling smooth and soft. The Mahana Massage incorporates a rhythmic Lomi-Lomi massage and warm sand pouches to loosen muscles and nourish the skin. Finally, Polynesian Sacred Oil from Raiatea, the sacred island, is swept over the skin, its subtle golden pearls leaving a sunkissed glow and a delicate scent of flowers and monoï.

# Massage

All our massages include complimentary use of our relaxation lounge before and after your treatment.

All massages can be customised to suit couples.

**Back Neck & Shoulder Massage** 30 min.....\$59

An express Swedish massage to help relieve stress and muscle tension from the back neck and shoulders.

**Relaxation Massage** 60 min / 80 min.....\$89/\$119

A relaxation style of massage that uses long flowing movements to increase circulation, relax and relieve muscle tension.

**Customised Massage for Pregnancy** 60 min.....\$89

A relaxation style of massage designed for mums to be outside their first trimester. Our flowing movements help to increase circulation and lymph flow thus relieving pressure on sore or swollen joints.

**Hot Stone Massage** 80 min .....\$130

Beautiful warm volcanic stones are massaged over the body to dramatically increase the circulation to tight sore muscles while inducing complete relaxation.

**Aromatherapy Massage** 60 min / 80 min .....\$110/\$130

Enjoy all the benefits of a relaxation massage enhanced by the infusion of the finest quality Doterra essential oil Lavender Peace. Designed to relax the body and calm the mind.



# Spa Packages

All our body treatments include the complimentary use of our relaxation lounge before and after your treatment.

All packages can be customised to suit couples

**Express Indulgence** 1 hour.....\$99

Relaxing back neck shoulder & scalp massage plus a Thalgo illuminating radiance facial.

**Pure Indulgence** 2 hours.....\$159

Get the best of both worlds. Start your treatment with a full body relaxation massage followed by a customised Thalgo heart of the ocean facial.

**Couples Time Out** 1 1/2 hours.....\$129 pp

Take some time out together to relax and unwind. Start your treatment with a full body relaxation massage, followed by a foot ritual to exfoliate and nourish the feet, then finish off with an indulgent hair treatment and scalp massage.

**Girls Day Out** 1 1/2 hours.....\$129 pp

Enjoy a relaxing day out with friends or family. The girls day out treatments ensures you're pampered from top to toe. Start with a relaxing back, neck, shoulder & scalp massage then relax some more with a Thalgo Illuminating radiance facial before finishing off with an express pedicure.

**Mother or Father to be** 2 hours.....\$159 pp

For mums to be outside the first trimester. Start with a full body relaxation massage to improve circulation and relieve sore muscles and joints. Then refresh the face with a Thalgo Illuminating radiance facial and then treat the feet to an express pedicure or foot ritual.

**The Ultimate Indulgence** 3.5 hours.....\$340

Start the relaxing journey of a life time with an Coconut Milk & Honey sugar scrub to polish and smooth the skin, we then move into a full body massage. Followed by rich nourishing cream body wrap leaving the skin supple and hydrated. Finish off your treatment with a customised Thalgo heart of the ocean facial and nourishing hair and scalp treatment. After the completion of your treatment enjoy a delicious lunch platter.

**Add milk bath** 20 mins.....\$49

# Float Therapy

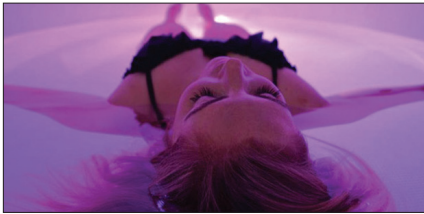
Float Therapy is the ultimate form of relaxation!

Also known as a sensory deprivation pod the float session allows you to completely eliminate yourself from outside distraction and stimuli ie hearing, touch, smell & sight.

The pod holds over a ton of the finest quality magnesium salt allowing you to stay completely buoyant and weightless on top of the water.

Benefits of floating include; Pain Relief, Muscle recover and repair, Stress and insomnia relief.

1 hour in the pod is the equivalent to 4 hours of sleep.



60min Float Session ..... \$79

## Packages

5x 60min Float Therapy Sessions .....\$340 (\$68 per session)

10x 60min Float Therapy Sessions .....\$630 (\$63 per session)

60min Relaxation Massage and 60min Float Session .....\$159



## Gift Vouchers Available

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**Email:** indulgencesalonandspa1@gmail.com

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